



LOGBOOK

Tuesday 8th March 2011

OFF THE PACE, BUT SURFING AT 25 KNOTS!

THE CAPE OF DELIVERANCE

SCHOOL KIDS WALKING FOR MIRABAUD

RANKING: 6TH

WEATHER: Deep low pressure system. Cloudy, freezing temperatures

WIND: North-westerly, 40 knots

BOAT SPEED: 18 knots

BREAKFAST: Céréales

MEAL N°1: Tajine + chocolate mousse

MEAL N°2: Pasta carbonara

OFF THE PACE, BUT SURFING AT 25 KNOTS!



Mirabaud is currently sailing slower than her potential as she approaches Cape Horn with Michèle still out of action and Dominique skippering the boat single-handedly for the moment.

"We've reduced quite a bit of sail and we're sailing really conservatively", Dominique confirms. "But, the wind is howling, with gusts of more than 40 knots. The seas are huge and it's impossible to properly slow a boat like Mirabaud down in these conditions. When we take off on the waves, we're regularly reaching speeds of around 25 knots or more. The boat is banging around a lot and it's very hard for Michèle to rest in these conditions."

Mirabaud's co-skipper is happily doing slightly better. Although still weak and not eating properly, she is on the mend thanks to Dominique's care, the (relative) warm of her pipe cot and the forced rest.

"We're currently around 300 miles from Cape Horn, and we should round tomorrow. We're going to have to put up with these rough conditions, at least as far as the Cape. Then we should

be able to change course for a more northerly route and the conditions should hopefully ease a bit. It should also get a bit warmer, which would be very welcome at this stage!"

Over the last few days, the Mirabaud skippers have received many messages of support from fans and friends, and even some advice: soak some rusty nails in water and drink it to try and increase your iron intake, eat well, rest, make sure

Dominique looks after you, take Schussler's salts – get someone who is cruising round the Horn to throw them to you! etc... "We received all these and more," smiles Dominique. "It's a big comfort for us and they really help lift our spirits. Thanks to everyone for their encouragement!"

THE CAPE OF DELIVERANCE

Rounding Cape Horn is always a significant moment and for Michèle and Dominique the passage round the Horn will be literally one of deliverance.



The lighthouse at the Cape is the most southerly in the world, and is manned despite the lack of shipping in this part of the world, making it more of a symbolic gesture. If the night is a clear one, its beam will be the signal that they are about to leave the Southern Ocean. The lighthouse itself is a metallic, 23-metre high tower, tucked into the southern cliff face of the Cape 127 metres above the sea.

It's worth remembering that the term 'the Everest of sailing' which is often used to describe the Horn, is a misnomer; many more people have scaled the summit of the world than have rounded this inhospitable and savage cape.

SCHOOL KIDS WALKING FOR MIRABAUD



Marc Houlmann, a well-known Lake Léman sailor and sports teacher at the Seymaz School in Thônex, has come up with a novel way for his class to keep fit and show their support for Dominique and Michèle. The seventh year students (12-year olds) have been encouraged to walk as much as possible (for example, to and from school etc.) and every step they take will be converted into a nautical mile. Each pupil can then use his/her miles to sail their own virtual boat across the Atlantic- the more you walk, the further you sail!

The school started the successful initiative 'Seymaz around the world' last year during Stève Ravussin's circumnavigation and this year they will be following Michèle and Dominique right up until the finish in Barcelona.

RANKING

THE 8TH MARCH 03:30 AM GMT

- | | |
|---------------------------|---|
| 1) VIRBAC PAPREC 2 (+0.0) | 7) ESTRELLA DAMM (+1786.9) |
| 2) MAPFRE (+174.6) | 8) HUGO BOSS (+2432.3) |
| 3) RENAULT Z.E. (+1360.2) | 9) GAES (+2625.2) |
| 4) NEUTROGENA (+1542.1) | 10) FORUM MARITIM CATALA (+4494.0) |
| 5) GROUPE BEL (+1647.7) | 11) CENTRAL LECHERA ASTURIANA (+6129.3) |
| 6) MIRABAUD (+1753.7) | 12) WE ARE WATER (+6129.3) |



DOMINIQUEWAVRE

www.dominiquewavre.com

Mirabaud & Cie, banquiers privés

Laurent Koutaïssoff
29, boulevard Georges-Favon
1204 Genève
T: +41 58 816 23 90
M: +41 79 786 78 93

MaxComm Communication

Bernard Schopfer
T: +41 22 735 55 30
M: +41 79 332 11 76
bernard.schopfer@maxcomm.ch

crédits photos : © Thierry Martinez / © Benoît Stichelbaut / © Wavre-Paret