



LOGBOOK

Friday 28th January 2011

HEADING FOR THE INDIAN OCEAN

NO RATIONING YET, BUT EASY ON THE
SECOND HELPINGS!

MUSIC FOR THE ACCORDION

RANKING: 6th

WEATHER: Clear skies, moderate temperatures (15°), colder at night

WIND: Westerly, 18 knots

BOAT SPEED: 16 knots, heading 70°

MENU:

Breakfast: Raisin Porridge

Meal n°1: «Aligot» (cheese with potatoes) + cinnamon rice pudding

Meal n°2: Chickpea curry

HEADING FOR THE INDIAN OCEAN



After 27 days in the Mediterranean and Atlantic, and a relatively slow start to the race, Mirabaud is now approaching the Indian Ocean.

The average boat speeds over the past few days have considerably increased but it's beginning to look like this Barcelona World Race will not be a particularly fast one. Due to the dangers posed by icebergs, the organisers have decided to change the route and keep the boats further north in less risky waters. This means the teams are sailing around 44oS, and sometimes at even higher latitudes, and therefore unable to take advantage of the powerful depressions running along the 50th parallel.

"It's not particularly cold; I'd even say it was quite pleasant with temperatures around the 15o

mark," says Dominique. "Physically, everything is fine and we can carry out all the onboard manoeuvres without any difficulty despite conditions that are hard at times. The boat is also in great condition and we are in perfect shape to take on the Southern Ocean."

Over the next few hours, the peloton will be aiming to take full advantage of a transitional weather zone that is slowing down the leader Virbac-Paprec 3. For once, it will be the middle of the pack that benefits the most from this atmospheric system.

These experienced circumnavigators are not generally accustomed to a route this far north and it changes the wildlife they come into contact with. "We've seen our first albatrosses this trip, and even some petrels, but they don't stay with us long. Most of the albatrosses are further south as they like the really windy conditions to glide along the crests of the huge waves down there. To be honest, we quite miss them."

MUSIC FOR THE ACCORDION

Despite a comfortable lead, Jean-Pierre Dick and Loïck Peyron are currently held up by a high-pressure system, giving the pack behind them a rare chance to close the gap.



"It's about time!" exclaims Dominique. "However, I don't think it'll last unfortunately. In practice, we're being forced to sail in a narrow corridor, in between the powerful westerly winds to the south and the anticyclones to the north of us. It's difficult to plan strategically, as we're not often in the same weather systems as our opponents, so we have to try and plan the best route

for us and hope it works out. There are not really a lot of options, given the restrictions placed on us by the Race Organisers. It's going to be start-stop all the way round, with the fleet bunching up and spreading out again...looks like it's going to be accordion music for the Indian Ocean leg!"

NO RATIONING YET, BUT EASY ON THE SECOND HELPINGS!

Dominique and Michele knew well before the start that they were only planning to bring provisions for 90 days at sea; the bare minimum to guarantee as much weight saving as possible on board.



Last week, as Mirabaud was stuck firmly in the grips of St Helena's High and still in temperatures of around 25o, Dominique and Michèle broke into the first rations marked 'Southern Ocean'. These high-calorie rations were specifically designed to help them handle the extreme cold and fatigue of the south. "For the moment, we don't have any worries with the quantity of food left. I think we'll have to start seriously looking at the situation when we make it past Cape Horn and into the Atlantic again. We may have to start rationing ourselves at this stage if it looks like we're behind schedule."

CHECK OUT THE LATEST VIDEO DIARY

<http://www.youtube.com/user/dominiquewavre>

RANKING THE 28TH JANUARY 11 PM

- | | |
|---------------------------|--|
| 1) VIRBAC PAPREC 3 (+0.0) | 7) NEUTROGENA (+1243.3) |
| 2) MAPFRE (+608.2) | 8) GAES (+1429.5) |
| 3) ESTRELLA DAMM (+763.9) | 9) CENTRAL LECHERA ASTURIANA (+1704.5) |
| 4) GROUPE BEL (+820.6) | 10) WE ARE WATER (+1779.9) |
| 5) RENAULT Z.E. (+901.8) | 11) HUGO BOSS (+1787.3) |
| 6) MIRABAUD (+1156.7) | 12) FORUM MARITIM CATALA (+1889.0) |



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